

Paravit-CF Capsules

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Vitamin formula in soft gelatin capsules

Paravit-CF is a Food for Special Medical Purposes. For the dietary management of patients with cystic fibrosis. Paravit-CF contains higher amounts of fat soluble vitamins than regular food supplements.

Important information: Use under medical supervision. Paravit-CF may not be used as a sole source of nutrition and is not a substitute for a varied diet. Paravit-CF has been designed specifically for patients with cystic fibrosis and should be only used by this group as this is its intended use. This product poses a health hazard if consumed by persons who do not have the medical condition for which the product is intended. Paravit-CF may only be used during pregnancy if advised by a doctor. Paravit-CF Capsules are not recommended for children under the age of 3 years. For this age group, Paravit-CF Liquid is recommended.

How to use and store Paravit-CF Capsules

Warning not for parenteral use. To be taken with a meal. Speak with your cystic fibrosis dietician on how to take Paravit-CF Capsules.

Store at room temperature in a cool, dry place. Keep out of the reach and sight of children.

How many Paravit-CF Capsules should be taken

The recommended starting dosage of Paravit-CF Capsules follows guidance of the Cystic Fibrosis Trust 2016 and ESPEN-ESPGHAN-ECFS guidelines on nutrition care for infants, children, and adults with cystic fibrosis 2016 and is as follows:-

Children 3 to 8 years of age: one capsule per day.

Over 8 years of age (including adults): two capsules per day.

The recommended daily doses are higher than a normal food supplement. This is because they take into account the poor absorption problems suffered by cystic fibrosis patients.

Do not exceed the stated daily dose.

Ingredients:

Medium chain triglycerides, vitamin E (dl alpha-tocopheryl acetate), gelatin, stabilisers: glycerol (E422) and beeswax (E901); vitamin K1 (phytomenadione), vitamin A (retinyl palmitate), colouring agents: sodium copper chlorophyllin (E141ii), titanium dioxide (E171); vitamin D3 (cholecalciferol), emulsifier: **soy** lecithin; colouring agent: black iron oxide (E172)

Nutritional Information:

Ingredient	Unit	Per capsule	Per 100 Kcal	Per 100g
Energy	kJ/Kcal	14/3		1995/447
Fat	grams	0.3 (of which saturated 0.3)		39 (of which saturated 38)
Carbohydrates	grams	0.07 (of which sugars 0.01)		10 (of which sugars 1)
Protein	grams	0.1		21
Vitamin A	micrograms	1500 (= 5000 IU)	50,000 (= 166,666 IU)	232,126 (= 773,754 IU)
Vitamin D3	micrograms	37.5 (= 1500 IU)	1250 (= 50,000 IU)	5803 (= 232,126 IU)
Vitamin E	milligrams	100 (= 150 IU)	3333 (= 5000 IU)	15,475 (= 23,212 IU)
Vitamin K1	micrograms	5000	166,666	773,754

IU = International Units

Contains no salt. Contains **soybean** ingredient but no other potential allergens according to EU regulation.

Allergens are shown in bold type

Paravit-CF is distributed by :

ParaPharm Development Limited,
Merlin House, Brunel Road,
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Paravit-CF is manufactured in the EU.

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